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Have a lot to enter? Use [quick entry](#) 

 = not plan

**Do** **of t**

-  Bear (Bobcat must be recorded)
-  Do one for GOD
-  [1. Ways we Worship](#) both  
- 1a. Complete the Character Connection for Faith. 1a.  [no](#)
- 1b. Make a list of things you can do this week to practice your religion as you are taught in your home, church, synagogue, mosque, or other religious community. Check them off your list as you complete them. 1b.  [no](#)
-  [2. Emblems of Faith](#) 1 
- Earn the religious emblem of your faith.  [no](#)
-  Do three for COUNTRY
-  [3. What Makes America Special](#) a, j + 2  
- 3a. Write or tell what makes America special to you. 3a.  [no](#)
- 3b. With the help of your family or den leader, find out about two famous Americans. Tell the things they did or are doing to improve our way of life. 3b.  [no](#)
- 3c. Find out something about the old homes near where you live. Go and see two of them. 3c.  [no](#)
- 3d. Find out where places of historical interest are located in or near your town or city. Go and visit one of them with your family or den. 3d.  [no](#)
- 3e. Choose a state; it can be your favorite one or your home state. Name its state bird, tree, and flower. Describe its flag. Give the date it was admitted to the Union. 3e.  [no](#)
- 3f. Be a member of the color guard in a flag ceremony for your den or pack. 3f.  [no](#)
- 3g. Display the U.S. flag in your home or fly it on three national holidays. 3g.  [no](#)
- 3h. Learn how to raise and lower a U.S. flag properly for an outdoor ceremony. 3h.  [no](#)
- 3i. Participate in an outdoor flag ceremony. 3i.  [no](#)
- 3j. Complete the Character Connection for Citizenship. 3j.  [no](#)
-  [4. Tall Tales](#) all 3  
- 4a. Tell in your own words what folklore is. List some folklore stories, folk songs, or historical legends from your own state or part of the country. 4a.  [no](#)
- 4b. Name at least five stories about American folklore. Point out on a United States map where they happened. 4b.  [no](#)
- 4c. Read two folklore stories and tell your favorite one to your den. 4c.  [no](#)
-  [5. Sharing Your World with Wildlife](#) any 4  
- 5a. Choose a bird or animal that you like and find out how it lives. Make a poster showing what you have learned. 5a.  [no](#)
- 5b. Build or make a bird feeder or birdhouse and hang it in a place where birds can visit safely. 5b.  [no](#)
- 5c. Explain what a wildlife conservation officer does. 5c.  [no](#)
- 5d. Visit one of the following: Zoo, Nature center, Aviary, Wildlife refuge, Game preserve. 5d.  [no](#)
- 5e. Name one animal that has become extinct in the last 100 years. Tell why animals become extinct. Name one animal that is on the endangered species list. 5e.  [no](#)
-  [6. Take Care of Your Planet](#) any 3  
- 6a. Save 5 pounds of glass or aluminum or 1 month of daily 6a.  [no](#)

newspapers. Turn them in at a recycling center or use your community's recycling service.

- 6b. [no](#)
- 6c. [no](#)
- 6d. [no](#)
- 6e. [no](#)
- 6f. [no](#)
- 6g. [no](#)

[7. Law Enforcement Is a Big Job](#) all 6

- 7a. [no](#)
- 7b. [no](#)
- 7c. [no](#)
- 7d. [no](#)
- 7e. [no](#)
- 7f. [no](#)

Do four for FAMILY

[8. The Past is Exciting and Important](#) g and any two

- 8a. [no](#)
- 8b. [no](#)
- 8c. [no](#)
- 8d. [no](#)
- 8e. [no](#)
- 8f. [no](#)
- 8g. [no](#)

[9. What's Cooking?](#) any 4

- 9a. [no](#)
- 9b. [no](#)
- 9c. [no](#)
- 9d. [no](#)
- 9e. [no](#)
- 9f. [no](#)
- 9g. [no](#)

[10. Family Fun](#) both

- 10a. [no](#)
- 10b. [no](#)

[11. Be Ready](#) a-e and g

11a. Tell what to do in case of an accident in the home: a family member needs help or someone's clothes catch on fire.	11a.	<a href="#">no</a>
11b. Tell what to do in case of a water accident.	11b.	<a href="#">no</a>
11c. Tell what to do in case of a school bus accident.	11c.	<a href="#">no</a>
11d. Tell what to do in case of a car accident.	11d.	<a href="#">no</a>
11e. With your family, plan escape routes from your home and have a practice drill.	11e.	<a href="#">no</a>
11f. Have a health checkup by a physician (optional).	11f.	<a href="#">no</a>
11g. Complete the Character Connection for Courage.	11g.	<a href="#">no</a>
<b><u>12. Family Outdoor Adventures</u></b>	any 3	<a href="#">no</a>
12a. Go camping with your family.	12a.	<a href="#">no</a>
12b. Go on a hike with your family.	12b.	<a href="#">no</a>
12c. Have a picnic with your family.	12c.	<a href="#">no</a>
12d. Attend an outdoor event with your family.	12d.	<a href="#">no</a>
12e. Plan your outdoor family day.	12e.	<a href="#">no</a>
<b><u>13. Saving Well, Spending Well</u></b>	any 4	<a href="#">no</a>
13a. Go grocery shopping with a parent or other adult member of your family.	13a.	<a href="#">no</a>
13b. Set up a savings account.	13b.	<a href="#">no</a>
13c. Keep a record of how you spend money for 2 weeks.	13c.	<a href="#">no</a>
13d. Pretend you are shopping for a car for your family.	13d.	<a href="#">no</a>
13e. Discuss family finances with a parent or guardian.	13e.	<a href="#">no</a>
13f. Play a board game with your family that involves the use of play money.	13f.	<a href="#">no</a>
13g. With an adult, figure out how much it costs for each person in your home to eat one meal.	13g.	<a href="#">no</a>
<b>Do four for SELF</b>		
<b><u>14. Ride Right</u></b>	a + 3	<a href="#">no</a>
14a. Know the rules for bike safety. If your town requires a bicycle license, be sure to get one.	14a.	<a href="#">no</a>
14b. Learn to ride a bike, if you have not by now. Show that you can follow a winding course for 60 feet doing sharp left and right turns, a U-turn, and an emergency stop.	14b.	<a href="#">no</a>
14c. Keep your bike in good shape. Identify the parts of a bike that should be checked often.	14c.	<a href="#">no</a>
14d. Change a tire on a bicycle.	14d.	<a href="#">no</a>
14e. Protect your bike from theft. Use a bicycle lock.	14e.	<a href="#">no</a>
14f. Ride a ride for 1 mile without rest. Be sure to obey all traffic rules.	14f.	<a href="#">no</a>
14g. Plan and take a family bike hike.	14g.	<a href="#">no</a>
<b><u>15. Games, Games, Games!</u></b>	any 2	<a href="#">no</a>
15a. Set up the equipment and play any two of these outdoor games with your family or friends: Backyard golf, Badminton, Croquet, Sidewalk shuffleboard, Kickball, Softball, Tetherball, Horseshoes, Volleyball.	15a.	<a href="#">no</a>
15b. Play two organized games with your den.	15b.	<a href="#">no</a>
15c. Select a game that your den has never played. Explain the rules. Tell them how to play it, and then play it with them.	15c.	<a href="#">no</a>
<b><u>16. Building Muscles</u></b>	all 3	<a href="#">no</a>
16a. Do physical fitness stretching exercises. Then do curl-ups, push-ups, the standing long jump, and the softball throw.	16a.	<a href="#">no</a>
16b. With a friend about your size, compete in at least six	16b.	<a href="#">no</a>



